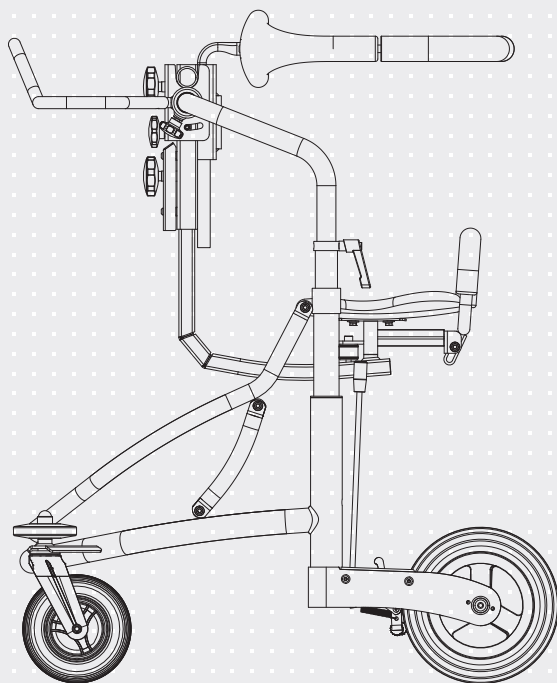




## VELA Meywalk 4

Manual no.: 106103

Item no.:	Model
MS014000	Micro
MS013000	Small
MS011200	Medium
MS011250	Large

ISO 9001  
ISO 14001*The design varies depending on the model*

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## 1.0. INTRODUCTION

### DEAR CUSTOMER

Congratulations on your new VELA gait trainer! We are sure this gait trainer will give you daily pleasure. This user manual provides useful information on adjusting, operating and maintaining your gait trainer.

#### **Important**

Please read this user manual carefully and keep it safe for when you need to refer to it. This manual is also available on VELA's website: [www.vela.eu](http://www.vela.eu), where you can also find other relevant information.

If you have questions, experience errors or adverse events, please contact your VELA supplier

We reserve the right to make changes.

#### **VELA**

Gøteborgvej 8-12  
DK-9200 Aalborg SV  
Denmark  
[www.vela.eu](http://www.vela.eu)

## 1.1. WARNINGS



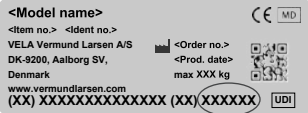
Use	Only use original spare parts from VELA.
Use	Do not make any changes to the accessories that come with the gait trainer.
Use	Only use the gait trainer for the intended purpose.
Use	Before using it, make sure that all parts of the gait trainer are securely fastened.
Use	The gait trainer may only be used under supervision. The wheels roll very easily, so it is important to be aware of the surroundings and any dangers that the user may encounter.
Use	Always activate the brake before you enter or exit the gait trainer.
Use	The tilt bar must always be raised and lowered by hand - avoid stepping on the tilt bar.
Use	On the sizes: Small, Medium and Large, there is a tilting bar that raises and lowers the gait trainer when getting in and out. Be prepared for an upward force that grows gradually as the tilt bar raises. Never let go of the tilt bar in the middle of a raising or lowering movement, as it can injure the user and helper.
Use	Only use the gait trainer on solid surfaces. Avoid using it on sloping, uneven, loose, wet or icy surfaces, or on surfaces with level differences, as it may cause tipping risk.
Use	The spring system can pose a risk if the gait trainer is used by a very restless user. VELA Meywalk 4 must never be used without springs.
Use	Do not use the gait trainer during adjustments, to avoid pinches from moving parts.
Use	VELA Meywalk and its accessories are designed for your safety. Removing parts of the equipment can result in open pipe ends that can be sharp and cause damage. These open pipe ends must be closed with plastic plugs - do not touch open pipe ends with fingers or other body parts.
Use	Maintenance other than cleaning should always be performed by a professional.
Use	Never service the gait trainer while in use
Use	Always follow the recommended maintenance and cleaning instructions
Use	Protect the gait trainer's padded surfaces from direct sunlight, or cover the surfaces as they can become very hot and cause damage to the skin.

## 1.2. TROUBLESHOOTING

Mistake	Possible cause and solution
The gait trainer cannot turn	Direction lock may be activated. See section 2.0.16.
Brake function does not work	The brake is not activated. See section 2.0.5.
Upper part hangs skewed to one side	Check that both springs are fitted correctly. See section 2.0.2. or 2.0.3.
Upper part is stuck	Check that both springs are fitted correctly. See section 2.0.2. or 2.0.3.
The gait trainer rolls badly	Wheels are blocked. Clean the wheels for wire residue and the like. The walking resistance brake may be activated. See section 2.0.14.
The gait trainer cannot be walked backwards	The backstop may be activated. See section 2.0.15.
The handle is loose	Tighten the handles
The seat bracket is loose	Tighten the handle
The seat height and gait height are lower than before	Loosen the handle, move the upper part up to the desired height and tighten the handle again. See section 2.0.4.
Trunk support and riser are loose	Tighten the handle
The seat height is lower than before	The tilt bar is folded down. See section 2.0.10.

If the above does not solve your problem, you should contact your VELA supplier.

### 1.3. LABELS USED ON THE GAIT TRAINER

Labels	60 x 22,5 mm	
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Labels on the gait trainer should be read at a distance of approx. 40 cm under normal daylight conditions.  
For labels related to the operation of the gait trainer, please refer to section 2.0.

## IN GENERAL

### 1.4. SAFETY

This gait trainer is CE marked and complies with applicable EU regulations.

The gait trainer is manufactured by: VELA, Gøteborgvej 8-12, DK-9200 Aalborg SV, Danmark.

#### 1.4.1. INTENDED USE

This device is intended for children and adults to help them stand up and move around despite having reduced or no walking function.

- :: Always activate the brake when you enter or exit the gait trainer.
- :: The gait trainer may only be used under supervision. The wheels roll very easily, so it is important to be aware of the surroundings and any dangers that the user may encounter.

The VELA Meywalk gait trainers are tested and approved for the following maximum load:

- :: VELA Meywalk 4 Micro: 60 kg.
- :: VELA Meywalk 4 Small: 100 kg.
- :: VELA Meywalk 4 Medium: 130 kg.
- :: VELA Meywalk 4 Large: 130 kg.

#### 1.4.2. TRANSPORT

When transporting the gait trainer by car, airplane or any other means of transport, always use the brake.

The gait trainer is not approved for use as a passenger seat in any means of transportation and may not be used as such.

### **The gait trainer is designed to be transported under the following environmental conditions:**

Temperature: - 20°C to + 60°C

Humidity: 15-95%

### 1.5. WARRANTY

VELA grants a right of claim under applicable law in the country where the gait trainer is acquired. The right of complaint applies only when using original spare parts and accessories, as well as customisations made by professionals.

**Note:** if an exclusive contractual agreement has been made directly with VELA, this applies!

VELA assumes no liability for damages to the product or the user caused by:

- :: Transportation
- :: Misuse
- :: Normal wear and tear
- :: Wrong use
- :: Use of spare parts and accessories that are not original VELA products
- :: Adjustments made by unauthorised service technicians

## 1.6. UNPACKING THE GAIT TRAINER

The gait trainer comes in environmentally friendly and recyclable packaging.

In case of defects or transport damage to the gait trainer, please contact your VELA supplier right away. In such cases, do not attempt to use the gait trainer or to fix it yourself.

### On delivery you have received:

- :: VELA Meywalk 4 gait trainer
- :: Trunk support and springs for the gait trainer. Comes packed in a separate box together with installation instructions. **Note:** Must be mounted on the gait trainer before use!
- :: Instructions for use

## 1.7. MAINTENANCE

We recommend an annual inspection of the gait trainer to identify any defective or worn parts. All removable parts should be tightened regularly. You can find various guides on [www.vela.eu](http://www.vela.eu).

### 1.7.1. WHEELS

We recommended you regularly check the wheels and remove any residual threads, etc.

Certain floor types accumulate dirt on the castors. Therefore, clean the castors as needed.

### 1.7.2. FRAME

Clean with lukewarm water and if necessary, add some pH-neutral detergent. Desinfection is possible, but never use solvent-based cleaners (such as Turpentine).

### 1.7.3. PADDING

**Synthetic fabric or leather:** Clean with water or mild soap using a hard-wringing cloth.

**Polyuretan foam:** Upholstery on trunk support, handle and rear stop is easily wiped off with a disinfectant cloth.

**Note:** On [www.vela.eu](http://www.vela.eu) you can find cleaning instructions for all our standard upholstery types.

### 1.7.4. RECYCLING GUIDE

Your VELA Meywalk 4 can be re-used by another person when you no longer need it as long as the gait trainer is serviced by a technician beforehand.

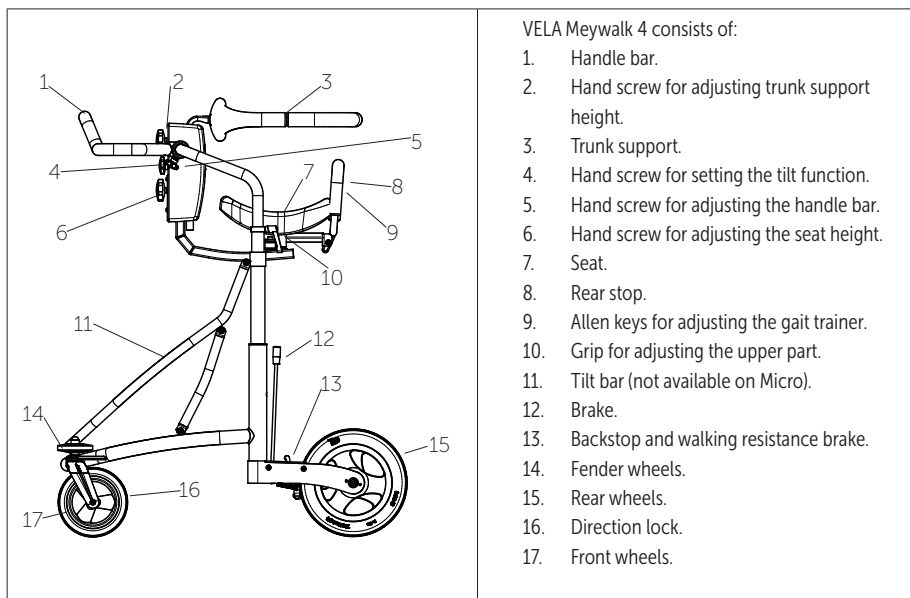
The life expectancy of the gait trainer is five years for regular and proper use. We recommend that VELA, your VELA supplier or a trained professional perform an annual inspection with replacement of worn parts.



## 1.8. RECYCLING AND DISPOSAL

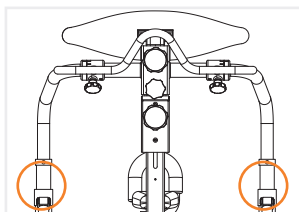
This product contains recyclable materials. Therefore, the product must be disposed of in accordance with local regulations and not together with ordinary household waste. Proper disposal and recycling will help prevent negative effects on the environment and people.

## 1.9. PRODUCT OVERVIEW



VELA Meywalk 4 has a wide range of accessories, which makes it possible to adapt the gait trainer to the needs of the individual user. The selection of accessories for VELA Meywalk 4 can be found at [www.vela.eu](http://www.vela.eu).

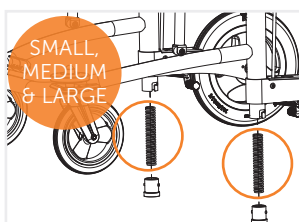
## 2.0. USER MANUAL



### 2.0.1. ASSEMBLY OF UPPER PART AND BASE

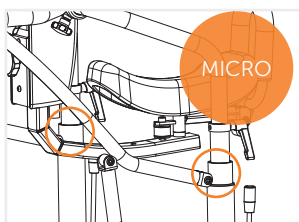
The upper part is placed in the risers on the chassis. The upper part is lowered into place in the two risers.

**Note:** The handle must face the swivel front wheels.



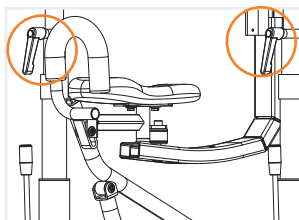
### 2.0.2. ASSEMBLY AND REPLACEMENT OF SPRINGS

Release the tilt bar and raise it to the upper position so the lower risers appear in front of the rear wheels. Push and turn the black plug at the bottom to remove it, so the springs will appear. Fit/replace the spring and slide the plug up into the groove and turn in place until it locks.



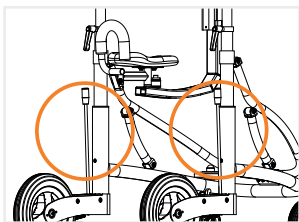
### 2.0.3. ASSEMBLY AND REPLACEMENT OF SPRINGS (MICRO)

Lift the upper part of the gait trainer (see section 2.0.1.). The springs can now be mounted/replaced.



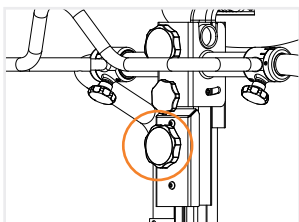
### 2.0.4. HEIGHT ADJUSTMENT

Loosen the handles on both sides and adjust the frame to the desired height. It is important that the height is adjusted equally on both sides of the frame. Tighten the handles again on both sides. **Note:** Never perform height adjustment while the gait trainer is in use.



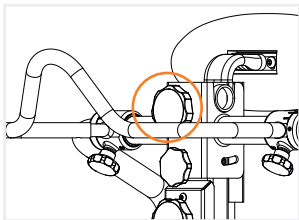
### 2.0.5. BRAKE

The brake rods are located in front of the rear wheels. Move both brake rods backwards to activate the brake function on both sides. The brakes are deactivated by moving both brake rods forward again. **Note:** The brake must always be locked when getting in and out of the gait trainer.



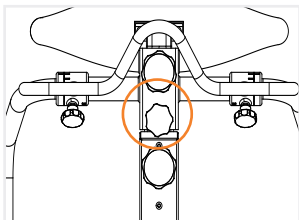
### 2.0.6. SEAT HEIGHT ADJUSTMENT

Loosen the lower hand screw (push-and-turn) on the front of the gait trainer. The seat can now be adjusted up and down. A hand under the seat bracket makes the seat slide easy. Adjust the seat height to the user's stride length and retighten the hand screw so that the seat bracket locks are in place. **Note:** Never adjust the height of the seat while the gait trainer is in use.



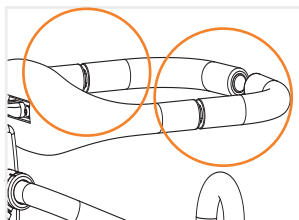
### 2.0.7. ADJUSTING THE HEIGHT OF THE TRUNK SUPPORT

Loosen the upper hand screw (push-and-turn) on the front of the gait trainer. Adjust the trunk support to the desired height and retighten the hand screw. Correct height depends on the user's physique and need for free movement. Loosen the two Allen screws on the front of the trunk support to replace it. **Note:** Never replace the trunk support while the gait trainer is in use.



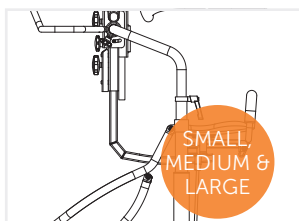
### 2.0.8. TILT FUNCTION

Turn the center hand screw on the front of the gait trainer to tilt. Turning the hand screw modifies the angle of the trunk support and seat so the user's posture changes. The tilt function is stepless. **Note:** Never adjust the tilt while the gait trainer is in use.



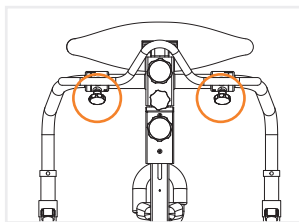
### 2.0.9. TRUNK SUPPORT

The trunk support is opened by moving the outer handles (on the back) upwards. The trunk support is closed by sliding the handles down again so that the opening is smaller. **Note:** The trunk support must always be closed when the gait trainer is in use.



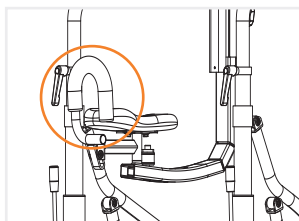
### 2.0.10. ENTRY AND EXIT

Grab the front of the tilt bar\* with both hands and tilt it. This lowers the seat unit, which facilitates entry and exit (Micro cannot be tilted). The seat unit is raised again by pressing down the tilt bar until it locks in the click hook with an audible click. **Note:** Close the trunk support (see section 2.0.9.) and rear stop (section 2.0.12.) when the gait trainer is in use.



### 2.0.11. ADJUSTING THE HANDLE

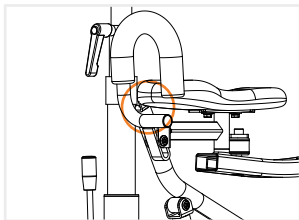
The angle of the handle is adjusted using two hand screws. Turn the hand screws counterclockwise so that the handle can rotate. There are three default settings of the handle. Remember to tighten the hand screws again. **Note:** The handle can be angled in a vertical position, so the user has free access to e.g. a work table and kitchen table.



### 2.0.12. USING THE REAR STOP

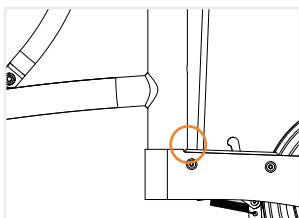
The rear stop should always be locked up when the gait trainer is in use. Swing the rear stop up so that it rests against the seat and locks. Lift the rear stop up and swing it down to reopen the rear stop when exiting the gait trainer.

\*Never let go of the tilt bar when raising or lowering it.



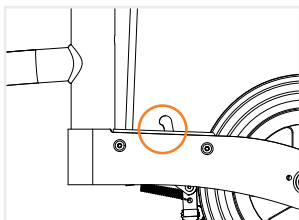
### 2.0.13. ADJUSTING THE REAR STOP

Lower the rear stop to find an Allen screw inside the square profile. Loosen the screw and set the longitudinal direction to the desired position. remember to retighten the Allen screw.



### 2.0.14. WALKING RESISTANCE BRAKE

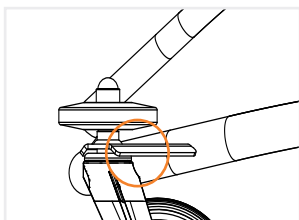
By activating the walking resistance brake the walking resistance increases. This can both reduce speed (both sides) and correct for skewed gait (one side). Loosen the nut at the bottom of the screw and adjust the screw until the desired resistance is achieved. Tighten the nut again. **Note:** The walking resistance brake is set individually on both sides.



### 2.0.15. BACKSTOP

By activating the backstop on both rear wheels, the gait trainer can only be walked forward. Activate by lifting up the silver button and deactivate by pressing the black return button.

**Note:** Always activate/deactivate the backstop on both sides.



### 2.0.16. DIRECTION LOCK

By activating the direction lock, the gait trainer can only move in a straight line. Turn the snap lock while the wheel is straight on the frame so the locking pawl hits the hole in the wheel fork. Pull the snap lock backwards and turn it to locked position to deactivate - so that the wheel can rotate freely.

**Note:** Always activate/deactivate the lock on both sides.





